Contingency Management (CM)

An Evidence-Based Treatment for Adolescent Addiction

Training Support System for CM brought to you by:

TSS Arena
ACHIEVING BETTER OUTCOMES

If you or your agency are interested in becoming a CM Provider or CEU training on adolescent addiction, contact Jaime Houston, Psy.D., Clinical Director for Arena

info@tssarena.com

www.cmforaddiction.com

717.467.1146

Family
Youth
TSS

CONTINGENCY MANAGEMENT (CM)

WITH ADOLESCENTS AND THEIR FAMILIES

TRAINING SUPPORT SYSTEM (TSS)

overview

WHY A TSS?

Traditional outlets for learning evidence-based practices have been shown to be largely ineffective.

Mechanisms for training have historically relied on ineffective distribution and training mechanisms including academic journals, face-to-face interaction through workshops, didactic lectures and conference presentations . Although convenient, these formats for training do not lead to changes in counselor behavior or clinical outcomes. Controlled studies have confirmed the inadequacy of such methods for training EBPs.

To effectively use an EBP a counselor needs feedback about their performance; without it they are unlikely to use the treatment correctly.

THERE IS NO SUBSTITUTE FOR PROPER CLINICAL TRAINING, FEEDBACK, AND SUPERVISION IN LEARNING AN EBP.

ONLINE TRAINING SUPPORT SYSTEM [TSS]

Web-Based Training

CM-CAT
The CM Computer Assisted Training is a 15 hour online training to teach counselors the key components of the CM treatment. The training includes reading, printable treatment tools, session transcript examples, and video demonstration of interventions.

The Lead Trainer is available throughout the training for 1:1 training support.

CM-CAT TRAINING COMPANION
Each counselor receives a training companion containing all CM resources and easy-to-use session agenda forms and client handouts.

LEAD TRAINER
Each counselor is assigned a Lead Trainer who is an expert in CM. The trainer is available daily, via the web, for 1:1 support, clinical suggestions, resources, practice opportunities and training support.

Ongoing Online Support

PROVIDER NETWORKING
As a CM Provider you will join a community of providers who have been trained in the same techniques, speak the same language and encounter the same struggles as they offer this treatment. Being an outpatient provider can be a lonely job but with our Provider Community you will have a team of professionals from varied backgrounds available to offer resources and support.

WEEKLY PROFESSIONAL WORKSHOPS
Each month a new ONLINE workshop series is published with wide-ranging topics from the latest research in adolescent substance abuse, to effective hiring strategies and *How To* practice for specific interventions. Each workshop is offered multiple times per week at varying times to fit within a typical outpatient counselor's schedule.

ELIBRARY
As a CM provider you will have access to the web-based eLibrary which is a collection of downloadable resources and tools to help you in your practice.

Quality Assurance (QA)

CM-TAM
The CM-TAM is a research-based survey completed by the caregiver once per month throughout the duration of treatment as a measure of adherence to the treatment model. Scores on the CM-TAM help indicate how well a counselor is implementing CM interventions.

KNOWLEDGE TEST
Once a year counselors complete a Knowledge Test to help identify any areas for professional growth. The Lead Trainer assists with completing additional training to strengthen techniques.

SESSION AUDIOTAPE REVIEW
One of the most helpful ways to improve skills and expand your expertise is through review of session audio tapes. With the assistance of your Lead Trainer you will be able to use this outcome tool to strengthen your clinical skills.

QUARTERLY PROGRAM QA REVIEWS
The Lead Trainer compiles quarterly reports for your agency summarizing the training needs identified by the QA process as well as treatment outcomes. This tool helps guide professional development and support improved client outcomes.

NAADAC APPROVED EDUCATION PROVIDER

TSS