

# CM Training Module Content & Tasks

Training Module Content & Tasks	
<b>OVERVIEW</b>	<p>What is CM?</p> <p>Training Description</p>
<b>DETERMINING NEED FOR SUBSTANCE USE INTERVENTION</b>	<p>Evaluate Drug Use and the Need for Clinical Intervention</p> <ul style="list-style-type: none"> <li>Domains of Functioning</li> </ul> <p>Gather information on drug use and severity</p> <ul style="list-style-type: none"> <li>Substance Use Chart</li> <li>Substance Index Short Form</li> </ul> <p>Determine if treatment of drug use is warranted</p> <p>Importance of Including Social Supports</p> <p>Engaging a Support Person (SP)/Caregiver in Treatment</p> <p><b>Post-Test</b></p>
<b>INTRODUCING CM</b>	<p>Introducing Contingency Management</p> <p><b>**Homework**</b></p> <p>Importance of Social Supports in Treatment</p> <p>Tips for Engaging a Support Person/Caregiver in Treatment</p> <p><b>Post-Test</b></p>
<p><b>Lead Trainer 30-Minute Check-In Call: Date/Time: _____</b></p> <p><b>(Level 1 and Level 2)</b></p>	
<b>REWARD SYSTEM</b>	<p>Introducing the Reward System and Completing the Contract</p> <p><b>**Homework**</b></p> <p>Specifying Rewards</p> <p>Discuss the purpose of rewards</p> <p>Transfer agreed upon list and MVP to Reward Menu Form &amp; assign values</p> <p>Create the Fishbowl/Point and Level System</p> <p>Explain the Fishbowl/Checkbook Draws Process &amp; earning coupons</p> <p>Reviewing the Reward System in Subsequent Sessions</p> <p>Review draws from the fishbowl/checks &amp; use of rewards.</p> <p>Maintaining the Incentive System After Treatment Ends</p> <p>Challenges in Engaging Clients and/or SP/Caregivers in Rewards Planning</p> <p>Overcoming Common Barriers</p> <p><b>Post-Test</b></p>
<p><b>Lead Trainer 30-Minute Check-In Call: Date/Time: _____</b></p> <p><b>(Level 1 and Level 2)</b></p>	
<b>ABC ASSESSMENT</b>	<p>How to identify Antecedents, Behaviors, &amp; Consequences</p> <p>Introducing ABC Assessment and Explaining How to Identify Triggers of Substance Use</p> <p><b>**Homework**</b></p> <p>Completing the ABC Assessment</p> <p>Use of ABC Assessments in Subsequent Sessions</p> <p><b>**Homework**</b></p> <p>Challenges in Engaging the client and SP/Caregiver in the ABC Process</p> <p>Troubleshooting Tips</p>

	<b>Post-Test</b>
<b>SELF-MANAGEMENT PLANNING</b>	<p>Introduce Self-Management Planning (SMP)          Brainstorm plans to manage drug use triggers          Select the best plan          Practice the Self-Management Plan          Developing Drug Refusal Skills          Model drug refusal strategies generated from the client.          Practice of the selected refusal skills          Engaging a Support Person          Troubleshooting Tips  <b>Post-Test</b></p>
<p><b>Lead Trainer 30-Minute Check-In Call: Date/Time: _____</b>  <b>(Level 1 and Level 2)</b></p>	
<b>DRUG TESTING</b>	<p>Introducing Drug Testing          Collecting Urine Specimens          Conducting Breath Scans          Challenges in Implementation          Troubleshooting Tips  <b>Post-Test</b></p>
<b>BRINGING IT ALL TOGETHER</b>	<p>Combining All the Parts of CM          Graduation From the CM Program          Review the CM Graduation Checklist          **Homework**  <b>Complete Feedback Form</b></p>
<p><b>Lead Trainer 30-Minute Check-In Call: Date/Time: _____</b>  <b>(Level 1 and Level 2)</b></p>	
<b>OTHER RESOURCES</b>	<p><i>Visit the eLibrary for access to all documents provided throughout this training as well as additional resources.</i></p>