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TRAINING SUPPORT SYSTEM | PROGRAM OVERVIEW

CONTINGENCY MANAGEMENT FOR YOUTH ADDICTION (CM-YA)

[CONTINGENCY MANAGEMENT FOR YOUTH ADDICTION (CM-YA) AN EVIDENCE-BASED TREATMENT FOR ADOLESCENT ADDICTION **]**

WHY A TSS?

Traditional outlets for learning evidence-based practices have been shown to be largely ineffective.

Mechanisms for training have historically relied on ineffective distribution and training mechanisms including academic journals, face-to-face interaction through workshops, didactic lectures and conference presentations. Although convenient, these formats for training do not lead to changes in counselor behavior or clinical outcomes. Controlled studies have confirmed the inadequacy of such methods for training evidence-based practices (EBPs).

To effectively use an EBP a counselor needs feedback about their performance; without it they are unlikely to use the treatment correctly.

THERE IS NO SUBSTITUTE FOR PROPER CLINICAL TRAINING, FEEDBACK, AND SUPERVISION IN LEARNING AN EBP.

PROGRAM OVERVIEW
ONLINE TRAINING SUPPORT SYSTEM

NAADAC Approved Education Provider

WEB-BASED TRAINING

CM-CAT
The CM Computer Assisted Training is a 15 hour online training to teach counselors the key components of the CM-YA treatment. The training includes reading, printable treatment tools, session transcript examples, and video demonstration of interventions.

The Lead Trainer is available throughout the training for one-on-one online training support.

CM-CAT TRAINING COMPANION
Each counselor receives a training companion containing all CM-YA resources and easy-to-use session agenda forms and client handouts.

LEAD TRAINER
Each counselor is assigned a Lead Trainer who is an expert in CM-YA. The trainer is available daily, via the web, for 1:1 support, clinical suggestions, resources, practice opportunities and training support.

ONGOING ONLINE SUPPORT

WEEKLY PROFESSIONAL WORKSHOPS
Each month an online workshop series is published. Topics range from the latest research in adolescent substance abuse, to effective hiring strategies and How To practice for specific interventions. Each workshop is offered multiple times per week to fit most schedules. Workshops are live allowing all participants to interact with the trainer for a truly unique learning experience.

BOOSTER TRAININGS
Yearly 8-hour booster trainings are held to target training and/or clinical needs as well as program development and sustainability of the program.

ELIBRARY
As a CM-YA provider you will have access to the web-based eLibrary which is a collection of downloadable resources and tools to help you in your practice.

DAILY OFFICE HOURS & LIVE CHAT
The Lead Trainer is available daily during set office hours for live text chat, consultation via phone or email, or video conference to practice.

QUALITY ASSURANCE (QA)

CM-TAM
The CM Therapist Adherence Measure (CM-TAM) is a research-based survey completed by the caregiver once per month throughout the duration of treatment as a measure of adherence to the treatment model. Scores on the CM-TAM help indicate how well a counselor is implementing CM interventions.

KNOWLEDGE CHECK
Once a year counselors complete a Knowledge Check to help identify any areas for professional growth. The Lead Trainer assists with completing additional training to strengthen techniques.

SESSION AUDIOTAPE REVIEW (2/YEAR)
One of the most helpful ways to improve skills and expand your expertise is through review of session audiotapes. With the assistance of your Lead Trainer, you will be able to use this outcome tool to strengthen your clinical skills.

QUARTERLY QA REVIEWS
The Lead Trainer compiles quarterly reports for your agency summarizing the training needs identified by the QA process as well as treatment outcomes. This tool helps guide professional development and support improved client outcomes.

TRAINING SUPPORT SYSTEM FOR CM brought to you by Arena™
TRAINING for EVIDENCE-BASED PROGRAMS

If you or your agency are interested in becoming a CM provider or receive training in adolescent addiction treatment, contact:

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