

CM-YA/CM-EA/CM-A Training Overview

MODULE	Module Objectives
DETERMINING NEED FOR SUBSTANCE USE INTERVENTION	<p>Providers will learn how to:</p> <ol style="list-style-type: none"> 1. Determine whether drug use is currently ongoing and problematic 2. Determine whether there is a need for clinical intervention 3. Complete the Domains of Functioning form 4. Complete the Substance Use Index Short Form
INTRODUCING CM	<p>Providers will learn how to:</p> <ol style="list-style-type: none"> 1. Introduce Contingency Management program as an effective treatment for substance use 2. Outline the four components of the CM program 3. Provide information about the length of the CM program 4. Engage a Support Person (SP)/caregiver in the CM program
REWARD SYSTEM	<p>Providers will learn how to:</p> <ol style="list-style-type: none"> 1. Develop a contract with the client 2. Identify and finalize a list of rewards 3. Assign value to the rewards 4. Use coupons to reward other types of behaviors 5. Use Motivational Statements 6. Develop a Fishbowl/Point-and Level draw schedule 7. Teach the client how to implement and track the reward system 8. Overcome common barriers
ABC ASSESSMENT	<p>Providers will learn how to:</p> <ol style="list-style-type: none"> 1. Introduce the ABC Assessment 2. Explain how to identify triggers of drug use 3. Learn how to complete the Discovering Triggers worksheet 4. Introduce and complete the ABC Assessment for 5. Use the ABC Assessment tool in subsequent sessions 6. Build social supports
SELF-MANAGEMENT PLANNING	<p>Providers will learn how to:</p> <ol style="list-style-type: none"> 1. Assist the client in developing strategies and skills to avoid and/or manage drug use triggers. 2. Assist the client in developing effective drug refusal skills for those drug use situations that are unavoidable. 3. Practice and model the refusal skills 4. Complete a Self-Management Plan with the client 5. Teach the Support Person/caregiver how to assist the client in this process.
DRUG TESTING	<p>Providers will learn how to:</p> <ol style="list-style-type: none"> 1. Conduct reliable and valid measures of substance use via urine drug screens and breath scans

2. Learn the average detection times for abused substances and how to create a testing schedule
3. Determine the accuracy of the client's verbal report regarding current drug use
4. Provide rewards based on verification of abstinence (i.e., negative drug screen)
5. Use tools for effectively teaching the client how to conduct their own drug testing at home to enhance monitoring of the drug use and responsibility in treatment

**BRINGING IT
ALL TOGETHER**

Providers will learn how to:

1. Complete session preparation
2. Link each session together by following the same session format to ensure all components of the CM program are addressed in each session.
3. Establish continuity using session agendas.
4. Facilitate learning by building on skills from session to session
5. Complete the graduation checklist
6. Award the graduation certificate